

## Savory Mince

### Ingredients

500 grams Beef Mince

1 large chopped onion

one carrot thinly chopped

Half a cup of green peas

1 potato cubed small

1 table spoon tomatoe paste

salt and pepper to taste

1squirt of whirstershire sauce

Half a cup of beef stock

Brown onions and mince in a little oil, add stock and sauce.

Add tomatoe paste and cook for a few minutes.

Add the veggies, salt and pepper to taste, put lid on and cook for 25 to 30 minutes.

Reduce liquid by removing lid.

Serve hot acompany with rice, noodles or pasta.

Or just perfect on toast.